



# When I Feel Happy

Infants and Toddlers



**Sometimes, I feel happy.**

# I feel happy when...



**My family plays with me.**



**I discover new things.**



**I'm with my friends.**

**When I feel happy, I smile and laugh!**



**I might clap my hands.**



# Other ways I might show I'm happy:

**I might sing and dance to music.**



**I might hug someone.**



**I can use words or signs to tell people:  
“I feel happy!”**



**If I see someone who is sad,  
maybe I can help them feel happy!**





**It feels good to be happy!**

