



When I Feel Excited

Infants and Toddlers

Sometimes, I feel excited.



**Excited is when you are
REALLY happy!**

I might feel excited when...



I see someone special!



**I'm having fun
with my friends!**

**When I feel excited,
I might giggle and laugh.**



I might clap my hands.



**I can use words or signs to tell people,
“I’m so excited!”**



I can do other things when I am excited:

I can sing and dance.



I can hug someone.



I can jump up and down.

**If I see someone who is excited,
maybe I can be excited with them!**



It feels good to be excited sometimes.

